

# Family Bridge Summary

## **Budget**

### Federal

- SID 23003 (FY's 2020-2024)Preschool Development Grant B-5 Renewal: \$1,000,000
- SID 26496 (FY's 2023-2025) Community Health Worker Program: \$2,105,337
- SID 29770 (FY's 2022-2025) ARPA Universal Nurse Home Visiting: \$10,300,000

## **Contractors**

Family Connects International: \$49,000

Bridgeport Hospital (St. Vincent): \$7,605,337.00

Eastern CT (TVCCA/Backus Hospital): \$1,950,000

### **Universal Nurse Home Visiting/Family Bridge Program:**

Universal Nurse Home Visiting “Family Bridge” is a program for families with new babies in Connecticut. It offers the family access to a Registered Nurse and certified Community Health Workers. To strengthen the state’s public health infrastructure Commissioners and designees from five State agencies created the multiagency, multidisciplinary Family Bridge (FB), integrating the evidence-based universal nurse home visiting (UNHV) model developed by Family Connects International (FCI) with community health workers (CHWs) to identify, intervene and address the Social Determinants of Health (SDoH) impacting maternal and child health.

FCI is a model that is committed to strengthening bonds for families of newborns by linking them directly to community resources. FCI provides in home clinical care by registered nurses and referrals to local community partners for newborns and their families. This model is designed to support positive, optimal maternal-child health outcomes while promoting alignment of community systems. FCI nurses are trained to assess the newborn and mother and discuss next steps, concerns and necessary medical treatment as needed. The nurses provide 1-3 visits with families and the number of visits is dependent on the needs of the family with an average of 1-2 visits per family.

During each visit the family receives, from the registered nurse and community heal worker, check-ups, wellness exams, education and connections with community resources - from diapers to high quality childcare. Family Connects International continues to require screening for perinatal mood and anxiety disorders using the Edinburgh Postnatal Depression Scale as part of its integrated home visit protocol. Based on USPSTF guidance, screening is not recommended in the following scenario• If the caregiver was recently (5 days) screened positively for mental health concerns during the postpartum period with sufficient evidence of appropriate follow-up and referral.

This evidence-based model improves health outcomes for moms and babies including:

- Reduced parental depression and anxiety.
- Reduced costly Emergency Department visits and recidivism for mothers and newborns.

- Improving safety of home environment.
- Preventing/reducing adverse childhood experiences (ACES).

Family Bridge launched at Bridgeport Hospital in October 2023, expanded to include St. Vincent's Medical Center in May 2024 and is launching in February 2024 at Backus Hospital in Norwich.

## **Families Served:**

### Client Population Data:

	<b>Bridgeport Hospital 10/23/23 to 12/31/24</b>		<b>Saint Vincents Hospital 5/15/24 to 12/31/24</b>	
<b>Total Births</b>	3065		772	
<b>Births that fit inclusion criteria for Family Bridge</b>	2574	84% of total	573	74% of total
<b>Attempted Patient Contact</b>	2481	96.4% of included	290	50.6% of included
<b>Patient Contacted</b>	1934	78% of attempted contacts	203	70% of attempted contacts
<b>Patients Scheduled</b>	1131	58% of reached	173	85% of reached
<b>Patient Completed</b>	818	72% of scheduled	125	72% of scheduled

### Nurse Visit by Hospital:

<b>Measure</b>	<b>Bridgeport Hospital 10/23/23 to 12/31/24</b>	<b>Saint Vincent's Hospital 5/15/24 to 12/31/24</b>
<b>Patients First Visit Scheduled</b>	1053	174
<b>Patients First Visit Completed</b>	818	125
<b>Visits Cancelled</b>	235	49
<b>Cancellation Rate</b>	22.3%	28.2%
<b>Second Visits Completed</b>	214	24
<b>Third Visits Completed</b>	67	6
<b>Total Visits Completed</b>	1099	155

## Community Health Worker – Post Family Bridge

	2024 Q1	2024 Q2	2024 Q3	2024 Q4
Adult Mental Health Services	20	3	9	23
Car Seat Assistance	8		2	
Case Management	9	1	4	10
Child And Family Mental Health Services	8		1	2
Childcare Assistance	71	140	112	163
Childcare Provider	36	31	70	149
Clothing Assistance	13	17	29	58
Crib/pack And Play Stroller – External	5	10	1	11
Crib/pack And Play/ Stroller – Internal	8	24	6	28
Developmental Services (ds)	6	1	4	
Diaper Bank – External	122	212	226	240
Diapers / Wipes – Internal	165	230	216	248
Domestic Violence Services	4	1	1	3
Education Assistance / Educational Trainings	25	48	56	111
Environmental Health Services	3			1
Food Related Providers	119	186	191	250
Formula - Internal	37	195	109	72
Furniture Assistance - Other	7	8	7	5
Health Insurance Assistance	12	9	9	25
Healthcare Access Assistance	5	1	2	20

	2024 Q1	2024 Q2	2024 Q3	2024 Q4
Homeless Shelters	3	2	1	
Housing Services	27	25	17	22
Immigration Services	5	9	27	54
Job Attainment Services	28	33	33	50
Lactation Support – External	3	2	2	8
Lactation Support – Internal	5	1	9	3
Legal Assistance	4	1	9	21
Literacy Services	10	15	3	39
Long-term Home Visiting	2	1	1	
Maternity Care Provider	2		2	
Parent Classes	2	1	1	
Parenting Support Group – External	19	7	39	58
Parenting Support Groups – Internal	10	7	5	19
Pediatric Care Provider – Ynhh	5		6	1
Primary Care Providers – Pcp – External	87	82	91	86
Primary Care Providers – Pcp – Ynhh	15	18	36	11
Rent Assistance	9	3	16	18
Substance Use Services	3			
Transportation Services	50	57	57	52